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Respect 360 Roadmaps

There are more than 450 activities in this toolkit, including journal prompts and discussions questions. It can be overwhelming! After you design your outcomes, explore these proven Roadmaps to implement various cards as a series, program or lesson plan at your site.

Each Roadmap can be completed in a group program  or  mentoring or learning environment.

Games! Cards **92-99**: In your setting, you might want to incorporate the Respect-Building Games as icebreakers, low-stake sharing and to add fun! Consider using games before an activity, journal or discussion question card.

Roadmap	Card Sequence
Redefining Respect 6 Sessions 30-50 minutes per session.	<ul style="list-style-type: none"> • 11, 13, 14. Combine into 1 session by making each activity only 10-15 minutes. • 15-19. Complete each session as instructed. (Include 12: Completion Circle Ritual.)
The Respect Basics 17 Sessions 30-50 minutes per session. <ul style="list-style-type: none"> • 1 day for 17 weeks or • 2 days for 9 weeks or • 3 days for 6 weeks 	<ul style="list-style-type: none"> • 11. Create Your Rituals. • 13-19. Redefining Respect. • Select eight Respect Basic Activity Cards: Choose one card per basic. 19-58, 84-91 • 12. Completion Circle Ritual.
Journaling + Activities Series 33 Sessions 30-50 minutes per session. <ul style="list-style-type: none"> • 1 day for 33 weeks or • 2 days for 17 weeks or • 3 days for 11 weeks 	<ul style="list-style-type: none"> • 11. Create Your Rituals. • 13-19. Redefining Respect. • For each Respect Basic, complete: One Activity Card 19-58, 84-91 One Discussion Question 23, 28, 33, 38, 43, 48, 53, 58 One Journal Prompt 59-66 • 12. Completion Circle Ritual.
Middle School Drop-In Program 30 minutes per session.	<p>For youth ages 11-13, consider creating a program during lunch time. Try to do a minimum of 6 sessions. To save time, you may want to Create Your Rituals on your own ahead of time.</p> <ul style="list-style-type: none"> • Games! Cards 92-99 • Complete a minimum of one Journal Prompt per Respect Basic 59-66

Roadmap	Card Sequence	
<p>Respect Basic of the Month 36 Sessions 30-50 minutes per session.</p> <ul style="list-style-type: none"> Once a week for 9 months. 	<p>Month One</p> <ul style="list-style-type: none"> 11. Create Your Rituals. 13. Respect Pact. 14. Respect Levels of Listening. 17. The Respect Basics. <p>Months Two to Nine For each month, focus on a Respect Basic. Complete:</p> <ul style="list-style-type: none"> Week One: One Activity Card 19-58, 84-91 Week Two: One Discussion Question 23, 28, 33, 38, 43, 48, 53, 58 Week Three: One Journal Prompt 59-66 Week Four: Final Debrief, back of card: 23, 28, 33, 38, 43, 48, 53, 58 12. Completion Circle Ritual. 	
<p>Respect Rally 1 day 4 hours per session.</p>	<p>Create an introductory workshop by completing a series of cards in one day:</p> <p><i>BREAK (20 mins)</i></p> <ul style="list-style-type: none"> 11. Opening. Select an opening for the day. (10 mins) 13. Respect Pact. (20 mins) 14. Respect Levels of Listening. (30 mins) 15. What Is Disrespect? (50 mins) 16. What Is Respect? (50 mins) 17. The Respect Basics. (50 mins) 12. Completion Circle Ritual. (10 mins) 	
<p>Journal Series 17 Sessions 5-15 minutes per session.</p>	<ul style="list-style-type: none"> 11. Create Your Rituals. 13-19. Redefining Respect. Complete a minimum of one Journal Prompt per Respect Basic. 59-66 12. Completion Circle Ritual. 	
<p>Discussion Series 17 Sessions 15-30 minutes per session.</p>	<ul style="list-style-type: none"> 11. Create Your Rituals. 13-19. Redefining Respect. Complete a minimum of one Discussion Question per Respect Basic. 23, 28, 33, 38, 43, 48, 53, 58 12. Completion Circle Ritual. 	
<p>Be of Service 8 sessions 30-50 minutes per session.</p>	<p>Frequency Options</p> <ul style="list-style-type: none"> 1 day for 8 weeks 2 days for 4 weeks Customize the number of weeks based on your project 	<p>This Bonus Respect Basic is typically completed after exploration of the other Respect Basics using one of the Roadmaps above.</p> <ul style="list-style-type: none"> 76-83. Be of Service.